



Whole school approach to PSHE, RSHE and mental wellbeing two year cycle, taught through worship, PSHE, RSHE, RE and science lessons.

Cycle 1 2021-2022

	EYFS	Y1/2	Y2/3	Y4	Y5/6
Autumn 1	Learning in the EYFS in RSE will take place through Prime and Specific areas of learning in the new EYFS framework. This will include but not be limited to the Prime areas of PSED (Personal, social and emotional development) and Physical development,	Difference and diversity	Difference and diversity	Difference and diversity	Difference and diversity
Autumn 2		Caring friendships/bullying matters Anti-bullying Week 15/11/21-19/11/21	Caring friendships/bullying matters Anti-bullying Week 15/11/21-19/11/21	Caring friendships/bullying matters Anti-bullying Week 15/11/21-19/11/21	Caring friendships/bullying matters Anti-bullying Week 15/11/21-19/11/21
Spring 1		Online relationships Internet safety week 7/2/2211/2/22	Online relationships Internet safety week 7/2/2211/2/22	Online relationships Internet safety week 7/2/2211/2/22	Online relationships Internet safety week 7/2/2211/2/22
Spring 2		Respectful relationships	Respectful relationships	Respectful relationships	Respectful relationships

Summer 1	together with the specific area of Understanding the World.	Exploring emotions Mental Health Awareness week 13/5/22-20/5/22	Exploring emotions Mental Health Awareness week 13/5/22-20/5/22	Exploring emotions Mental Health Awareness week 13/5/22-20/5/22	Exploring emotions Mental Health Awareness week 13/5/22-20/5/22
Summer 2		Being healthy Physical health and fitness Sports Day	Being healthy Physical health and fitness Sports Day	Being healthy Physical health and fitness Sports Day	Being healthy Physical health and fitness Sports Day

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Cycle 1 2022-2023

	EYFS	Y1/2	Y2/3	Y4	Y5/6
Autumn 1	Learning in the EYFS in RSE will take place through Prime and Specific areas of learning in the new EYFS framework. This will include but not be limited to the Prime	Drug education and first aid	Drug education and first aid	Drug education and first aid	Drug education and first aid
Autumn 2		Being me-people who care for me Anti-bullying week 14/11/22-18/11/22	Being me-people who care for me Anti-bullying week 14/11/22-18/11/22	Being me-people who care for me Anti-bullying week 14/11/22-18/11/22	Being me-people who care for me Anti-bullying week 14/11/22-18/11/22
Spring 1		Being safe Online safety week (safe on-line relationships)6/2/2310/2/23	Being safe Online safety week (safe on-line relationships)6/2/2310/2/23	Being safe Online safety week (safe on-line relationships)6/2/2310/2/23	Being safe Online safety week (safe on-line relationships)6/2/2310/2/23

Spring 2	areas of PSED (Personal, social and emotional development) and Physical development, together with the specific area of Understanding the World.	Money matters Enterprise day	Money matters Enterprise day	Money matters Enterprise day	Money matters Enterprise day
Summer 1		Healthy eating Whole school picnic	Healthy eating Whole school picnic	Healthy eating Whole school picnic	Healthy eating Whole school picnic
Summer 2		Growing up and changes Sun care (health and prevention)	Growing up and changes Sun care (health and prevention)	Growing up and changes Sun care (health and prevention)	Growing up and changes Sun care (health and prevention)