



Pilsley C of E Primary  
Physical Education  
Policy  
May 2021

## **Rationale and Ethos**

At Pilsley C of E Primary School we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education(PE). PE should provide opportunities for all pupils to become physically literate and confident in a way which also supports their health and fitness. Children should acquire not only physical skills, knowledge and understanding, but also the awareness and importance of leading healthy, active lives as well as the values of sportsmanship, fairness and respect through the sports and activities they undertake. This policy reflects our School's values and philosophy in relation to the teaching and learning of PE. It sets out a framework within which teaching and non-teaching staff can work, and gives guidance on planning, teaching and assessment.

## **Roles and Responsibilities**

The **headteacher**, in consultation with the PE leader and staff will:

- Determine the ways in which PE supports, enriches and extends the curriculum.
- Decide on the provision and allocation of resources.
- Ensure that PE is implemented in a way that achieves the aims and objectives of the school.

The role and responsibilities of the **PE leader** is to:

- allocate and monitor the effective use of resources within a delegated budget.
- monitor standards to ensure high quality teaching and learning. This may include pupil discussion, work scrutiny, lesson observation and moderation of work.
- involve staff in the development of the subject within school.
- keep staff informed of developments within PE.
- ensure the school follows National Curriculum guidelines.
- evaluate the needs of the school and develop plans to meet those needs.
- support the needs of staff in regards to PE.
- promote a positive attitude to PE across the school.
- integrate new resources into the curriculum and train staff to ensure confidence in their use.
- liaise with external groups and individuals in relation to standards in the subject, including the link governor.

- be accountable for the standards within the subject.

The role and responsibilities of **class teachers** is to:

- identify opportunities to embed PE across the curriculum as appropriate.
- ensure at least two hours per week of curriculum time is dedicated to teaching the PE curriculum.
- ensure reasonable adjustments are taken to ensure all pupils can access the PE curriculum.
- evidence teaching and learning as appropriate to the scheme of work.
- Make informed judgements of pupil attainment in PE.

### **Health and Safety**

- All staff have due regard for the current Association for Physical Education (AfPE) PE guidance 2012 when preparing and delivering PE lessons:
- Pupils are taught how to improve their own abilities to assess risks.
- First aid equipment is available, and all staff are trained in what action to take, including calling for assistance in the event of an accident.
- Inhalers for pupils suffering from asthma are made readily accessible.
- Regular checks are made on all equipment.
- All staff are responsible for reporting to the subject leader if any items show wear and tear.
- Any items constituting a danger are taken out of use immediately.
- All large items of equipment are inspected annually by an independent safety expert.
- Pupils are taught how to move and use apparatus safely under the supervision of a teacher or responsible adult.
- Pupils are made aware of safe practice and understand the need for safety when undertaking any activity. (e.g. not lifting Hockey stick above the waist, not jumping or running in front of others, etc ).
- Pupils are taught to understand the safety risks involved in wearing inappropriate clothing, footwear or jewellery and piercings.
- Teachers ensure that no jewellery is worn in lessons and long hair should be tied back. If earrings cannot be taken out, they are taped over.
- Pupils wear suitable footwear when travelling to and from the hall.
- If a child has no trainers/pumps for outdoor PE they use their school shoes.

## **Curriculum Design**

### **Intent**

The intent of our PE curriculum is to deliver a curriculum which is accessible to all and that will maximise the outcomes for every child so that they are stimulated physically, socially, emotionally and cognitively. It aims to provide an equal opportunity of learning experiences in games, gymnastics, dance, athletics and outdoor education. Our children will be encouraged to take on different roles and enjoy physical activity as performers, spectators and referees/umpires/officials.

PE helps our children to enjoy exercise and promote a concern for health and fitness through participation in physical activity. Children are encouraged to develop their ability to 'strive to be their best'. The PE curriculum at Pilsley enables the children to develop an awareness of the environment's potential for leisure and recreation. We provide our children with opportunities to develop positive attitudes towards self-esteem, co-operative learning, leadership and respect for others' abilities.

At Pilsley, we want all children to experience a wide variety of sports and physical skills which will enhance life-long fitness and life choices. PE challenges and promote self-esteem through the development of physical confidence and problem solving. It teaches children to cope with both success and failure in competitive, individual and team-based physical activities. The PE curriculum will allow children to explore their personal and spiritual identity.

We teach the National Curriculum, supported by a clear skills and knowledge progression. This ensures that skills and knowledge are built on year by year and sequenced appropriately to maximise learning for all children.

### **Implementation**

PE at Pilsley is taught by a combination of class teachers, PE specialists and qualified sports coaches. Children have equal opportunities to take part in a range of sports and physical activities within a supportive environment where effort as well as success is recognised. Children are encouraged to participate in exercise through-out the day during PE lessons, daily mile, clubs, outdoor learning, lunch provision and special events. Through our provision children can aim to flourish at sports in which they have a particular interest or flair for. Children with additional needs are provided with appropriate support to enable them to access the curriculum and develop confidence in skills, understanding and motivation.

Children gain experience of a variety of fundamental skills. The broad areas are agility, balance, coordination and fitness. Children take part in individual skills, group skills and team games, using PE equipment appropriate for their age. During KS2, children will have a series of structured swimming sessions at a local swimming pool, allowing them to achieve the required standard.

Building vital skills, whether in football, gymnastics or dance is extremely important and every child will continually and consistently develop their own personal PE skills from Nursery up to Year 6. Here at Pilsley, we provide many opportunities for children to access sport, through inter-school sports games, after school clubs, and community links with Cavendish swimming pool. Ensuring our children are active on a daily basis allows them to develop and improve across the whole curriculum and we encourage children to take part in the 'Daily Mile' initiative, which contributes to their overall personal health and well-being. Our 'Daily Mile' initiative, which the children complete daily, has allowed children to maintain their focus and engagement as well as contributing to children achieving vital skills not only in PE, but across the whole curriculum.

The subject lead and class teachers work together to identify the key knowledge and skills of each strand outlined in the National Curriculum for PE, enabling progression throughout each class across the school. The content of each strand is considered in the long-term planning ensuring that the sports chosen support the whole-school long term curriculum plan. At the beginning of each topic, the class teacher will take into account the children's different starting points. Our local area is utilised fully to achieve personalised outcomes, with opportunities for outside sports embedded in practice.

### **Impact**

A high-quality physical education curriculum inspires all children to succeed and excel in competitive sport and other physically-demanding activities. At Pilsley, we provide opportunities for children to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

Within our lessons, children are taught about self-discipline and that to be successful you need to take ownership and responsibility of their own health and fitness. Our impact is therefore to motivate children to utilise these underpinning skills in an independent and effective way in order to live happy and healthy lives.

Assessment for Learning is embedded in practice, with both staff and children continually reflecting on their learning, allowing for support and extension in both knowledge and sporting skills. Both summative and formative assessment in PE is carried out by our class teachers. It is carried out informally during the course of teaching and through observation at the end of each unit of work. Teachers complete pupil assessments in order to update the children's attainment and progress in that area of PE. These are then used to assist in reporting to the parents and passed on to the following class teacher to inform future planning.

Furthermore, we measure and evidence the impact of our curriculum through pupil discussions about why PE is important in everyday life and why we need to do at least 60 minutes of physical activity daily and how it helps our body and mind. Also at Pilsley, termly observations are carried out by the subject co-ordinator, to assess children's progress and to suggest areas for development

for staff to the overall teaching of PE skills in all PE lessons. Children will leave Pilsley prepared for their future education.

By the time our pupils leave us, we aim for children to have:

- The ability to acquire new knowledge and skills exceptionally well and develop an in-depth understanding of PE.
- The willingness to practise skills in a wide range of different activities and situations, alone, in small groups and in teams and to apply these skills in chosen activities to achieve high levels of performance.
- A healthy lifestyle, achieved by eating sensibly, avoiding smoking, drugs and alcohol and exercising regularly.
- The ability to remain physically active for sustained periods of time and an understanding of the importance of this in promoting long-term health and well-being.
- The ability to take the 'mini-leaders' initiative and become excellent young leaders, organising and officiating, and evaluating what needs to be done to improve, and motivating and instilling excellent sporting attitudes in others.
- Exceptional levels of originality, imagination and creativity in their techniques, tactics and choreography, knowledge of how to improve their own and others' performance and the ability to work independently for extended periods of time without the need of guidance or support.
- A keen interest in PE. A willingness to participate eagerly in every lesson, highly positive attitudes and the ability to make informed choices about engaging fully in extra-curricular sport.
- The ability to swim at least 25 metres before the end of Year 6 and knowledge of how to remain safe in and around water

### **Home School Links**

Our school website promotes the school and children's achievements as well as providing information and communication between the school, parents and the local community. Facebook is used to keep parents up to date in an accessible way. Texts and emails are sent to parents as reminders or to inform as an addition to sending letters home with children.

### **Safeguarding**

At Pilsley we understand that by nature certain subjects may carry an increased risk of pupil disclosure, in cases where there is a safeguarding risk, school safeguarding policy in relation to Keeping Children Safe in Education 2018 will be followed. All external contributors will be informed of our safeguarding policy prior to working with the children. We also recognise there may be disclosures that aren't safeguarding issues, but opportunities to support the child. If this occurs staff may refer to or suggest

appropriate local or national support services or information for pupils and/or their families. If a question raises potential safeguarding concerns, staff should respond in a way that will allow them time to seek advice from the Safeguarding Lead or Deputy Safeguarding Lead by replying with for instance: 'That is a really interesting question and I need time to think because I want to give you a proper answer.'

### **Sports Premium**

The school has a detailed plan to improve the quality of PE provision for all pupils. The plan includes an overview of sports premium spending and a review of the impact of the allocated funds.

### **Equal Opportunities, Inclusion, Special Educational Needs and Disabilities (SEND)**

We comply with the Equality Act 2010 and are proactive in ensuring that all pupils, including those with special needs or disabilities are provided with a comprehensive programme of physical activity.

- Class teachers will ensure that spare PE kit is available for any occasional circumstances where a child does not have their own in school.
- Lessons will provide good quality experiences that are suitably challenging for all pupils.
- Children will undertake different activities, but all will be given the same opportunity to achieve the aims through an appropriate range of activities.
- For children with limited gross motor skills, the integrity of activities will be maintained and expectations will take into account the individual needs of pupils.
- For the purposes of competitions, all children will be given the opportunity to participate in the experience.

### **Links to Other School Policies**

This policy should be read alongside the following policies:

- Safeguarding
- Behaviour

### **Engaging stakeholders**

This policy has been produced through engagement with the Headteacher, Governors and Teaching Staff. We will communicate with parents and carers through Pilsley's school website, Pilsley's Facebook Page as well as letters to parents and discussions during parent meetings. As a school we feel it is important to keep parents informed about what we will be discussing so that they can support their child's learning and answer any questions they may have at home. Outside visitors are used to enhance the PE curriculum overall. Visitors are required to follow the ethos of this policy in line with Pilsley's School Visitors and Volunteers Policy.

### **Extra-curricular activities and clubs**

A range of after school clubs are available to pupils. These clubs complement the curriculum, the interests of pupils and the local sporting opportunities. Pupils also regularly take part in a range of inter-school sports competitions.

### **Sports Day**

We organise an annual multi-sport circuit field and track Sports Day event at the end of the summer term, Parents and carers are actively involved to attend and support their children. We have a wide range of sporting activities on the day to encourage participation and success for all children.

### **Involving parents and carers**

We recognize the important part parents and carers play in encouraging children to participate in physical activity. Information about PE, physical activities and sporting competitions organised by the school and opportunities after school, are shared with parents/Carers by means of specific PE letters from the PE Lead or class teacher and through the school newsletter. Information about all areas relating to PE can also be found on the School website.

### **PE Policy review date**

This policy will be reviewed in June 2023 by the PE Lead. This will ensure that the policy continues to meet the needs of pupils, staff and parents and that it is in line with current Department for Education advice and guidance.

## Appendices

Appendix 1: End of Key Stage Statements

Appendix 2: Key websites to support teaching and learning

Appendix 1: End of Key Stage Statements

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/239040/PRIMARY\\_national\\_curriculum\\_-\\_Physical\\_education.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/239040/PRIMARY_national_curriculum_-_Physical_education.pdf)

Appendix 2: Key websites to support teaching and learning

<https://www.afpe.org.uk/>

<https://www.sportengland.org/>

<https://www.yorkshiresport.org/>

<https://www.bbc.co.uk/teach/super movers>

<https://www.nhs.uk/change4life>

<https://thedailymile.co.uk/>

<https://www.swimming.org/schools/>

<https://www.youthsporttrust.org/PE-sport-premium>